

## **Pack Rat Outdoor Center Sport Climbing Safety Seminar**

### **Seminar Description:**

This class is intended to provide safety information for sport climbing individuals, primarily focusing on the change over at the top of the route. Topics to be discussed include: Proper quickdraw placement, Climber transitioning from climbing to being lowered or climbing to rappel, Personal anchor systems, and more.

Previous climbing experience is necessary for this seminar. This is not a how-to-lead course; we will only cover change over transitions.

This class will not certify you in any climbing techniques; rather its purpose is to provide climbers with helpful safety information for safe and fun climbing.

Spots are limited so please contact us to sign up.

Please contact Rick at the Pack Rat if you have any questions about this course.

Rick Spicer/Pack Rat Outdoor Center  
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